

AFTERCARE

DAY OF TREATMENT:
LEAVE EVERYTHING ON YOUR
SKIN AND BEGIN YOUR
AFTERCARE THE NEXT MORNING.

BEGIN FULL SKINCARE REGIMEN
DETAILS LOCATED ON; HOW TO
USE PRODUCTS PAGE

DAY TIME

#1 CLEANSE

CLEANSER WITH PURITY MILD
CLEANSER TWICE....USE CLEAN
HANDS ONLY, PAT DRY WITH
DISPOSABLE CLOTH

#2 SERUM

APPLY VITAMIN C SERUM TO YOUR
FINGER TIPS, PRESS SERUM INTO YOUR
SKIN GENTLY

#3 SPF

DAY TIME SPF 50FEEL FREE TO
ADD A LAYER OF HYDRATING
MOISTURIZER IF FEELING EXTRA DRY

NIGHT TIME

#1 CLEANSE

CLEANSER WITH PURITY MILD
CLEANSER TWICE....USE CLEAN
HANDS ONLY, PAT DRY WITH
DISPOSABLE CLOTH

#2 SERUM

APPLY VITAMIN C SERUM TO YOUR
FINGER TIPS, PRESS SERUM INTO YOUR
SKIN GENTLY

#3 NIGHT TIME CREME

NIGHT TIME MOISTURIZER

DO'S & DONT'S

DO

STAY MOISTURIZED
USE SUNSCREEN DAILY

DON'T

DO NOT PEEL, PICK OR SCRATCH
NO EXTREME HOT SHOWERS,

DO

CLEANSE WITH CLEAN HANDS TWICE FOR
DAY AND TWICE AT NIGHT

DON'T

NO HOT TUBS, NO DIRECT SUN
NO EXERCISE FOR 2/3 DAYS

DO

RETURN TO COMPLETE REGIMEN
AFTER 7 DAYS
USE ALL PRODUCTS COLLECTIVELY

DON'T

NO MAKEUP MIN 24 HOURS
NO RETINIDS FOR 10 DAYS

WHAT TO EXPECT

PEELS

DEPENDING ON YOUR PEEL RECEIVED YOU WILL BEGIN PEELING 2-4 DAYS AFTER THE PEEL.

PEEL DURATION DEPENDS ON THE STRENGTH OF THE PEEL LAST UP TO 10 DAYS

PEELS

PEELS ARE FORMULATED TO EITHER DISSOLVE OR SHED DEAD SKIN.

DON'T BE ALARMED IF PEEL DOESN'T SNAKE PEEL....IT'S STILL WORKING

MICRONEEDLING

SLIGHT TINGLE SENSATIONS AS YOU APPLY PRODUCTS, SHOULD ONLY LAST A FEW DAYS

MICRONEEDLING

SLIGHT PEELING MAY OCCUR APPROX. 4 DAYS AFTER MICRONEEDLING. IF SKIN BEGINS TO FEEL SUPER DRY AND A DARK CAST APPEARS, APPLY VITAMIN C SERUM AND MOISTURIZER HEAVILY UNTIL THE TONE BALANCES OUT

FACIALS

ALL WILL FEEL NORMAL. HOWEVER PLEASE TREAT SKIN WITH APPLYING SERUMS AND MOISTURIZERS HEAVILY

FACIALS

USE DEEP CLEANSING BRUSH FROM PREMIER PRETTY SKIN TO ASSIST WITH CELL RENEWAL

HERBAL PEEL AFTERCARE

DO'S & DONT'S

AVOID CLEANSING YOUR SKIN FOR 5 DAYS OR UNTIL PEELING IS MOSTLY DONE. REFRAIN FROM PICKING OR PEELING YOUR SKIN; INSTEAD, USE SCISSORS TO TRIM LARGER FLAKES CAREFULLY. ENSURE YOU DRINK PLENTY OF WATER AND REAPPLY MOISTURIZER AS NEEDED, AS YOUR SKIN MAY BE RED, ITCHY, OR SWOLLEN FOR A FEW DAYS.

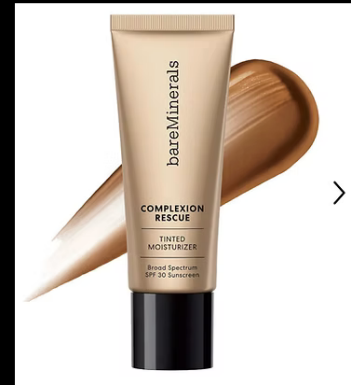
DO'S & DONT'S

FOR BEST RESULT DO NOT CLEANSE, THE HERBALS WORK BEST FOR THE FIRST FEW DAYS AND WATER STOPS THE HERB MOVEMENT

WHEN APPLYING THE BB CREAM APPLY ONLY THIN LAYERS SO THE FEELING ISNT TOO HEAVY & YUCKY FROM NOT USING WATER ON SKIN FOR 5 DAYS

BB CREAM

TARTE OR BARE MINERALS....ASK AN ASSISTANT TO HELP MATCH THE COLOR TONE TO YOUR SKIN. NORMAL BB CREAM RECOMMENDATIONS AT ULTA OR SEPHORA .



SCHEDULE FOLLOW UP

PUTTING HYDRATION BACK INTO THE SKIN IS KEY. AT THE FOLLOW UP ITS SUPER IMPORTANT TO REPLENISH THE VITAMINS & HYDRATION

SPF

USE SPF DAILY WITH BROAD-SPECTRUM 50
REAPPLY EVERY 2 HOURS

SCHEDULE EITHER HYDRAFACIAL OR SKYN PLUNGE FOR FOLLOW UP

HERBAL PEEL AFTERCARE

FIRST 24 HR

LEAVE PEEL ON SKIN, DO NOT BEGIN
AFTER CARE UNTIL NEXT MORNING

SENSATION

SOON AFTER TREATMENT YOU WILL FEEL ITCHY,
NEEDLING WITH SLIGHT SUNBURN SENSATION,
SKIN MAY BE RED

MORNING AFTER APPT

ONLY APPLY TONER SOLUTION WITH COTTON
ROUND TO SKIN; SATURATE & PRESS ONTO SKIN.
DO NOT RINSE SKIN WITH WATER FOR 5-7 DAYS

PEELING

SKIN WILL BEGIN TO PEEL ON DAY 2 OR 3
AS PEEL PROGRESS. DO NOT PICK OR PEEL SKIN. CUT
LARGE PIECES WITH SCISSORS

DAY 1-7

APPLY COMFORT CREAM
APPLY BB CREAM AFTER AND REAPPLY THROUGHOUT
THE DAY IF NEEDED FOR SOOTHING ITCH, TINGLE
BURN AND CONCEAL REDNESS

SPF

DARKENING OF SKIN MAYBE PRESENT WILL
LIGHTEN WITH PROPER HYDRATION AND USE OF
VITAMIN C SERUM. REDNESS AND PEELING HAS
STOPPED DAY 5 -7

DARKENING CASK ON SKIN IS TYPICAL ON RICHER SKIN TONES. PLEASE HEAVILY HYDRATE. APPLY LOADS OF MOISTURE. APPLY A LIGHTENING SERUM IF NEEDED

DPN/MOLE REMOVAL

FIRST 24 HR

KEEP SKIN DRY FOR FIRST 24 HOURS
NO MAKEUP , DO NOT CLEANSER

DO'S & DONT'S

CLEANSER WITH CLEAN HANDS
CHANGE PILLOWCASES/CLEAN ITEMS THAT
CONTACT TREATED AREAS
AVOID PICKING SCABS
NO HOT SHOWERS, STEAM/SAUNAS OR EXCESSIVE
SWEATING FOR 48HRS
AVOID ALL EXFOLIANTS, STRONG INGREDIENTS,
FOR 4-6 WEEKS

1-14 DAYS

CLEANSER WITH MILD CLEANSER
APPLY A HEALING OINTMENT
LET DRY, APPLY SPF OR NIGHT TIME CREME

AVOID

AVOID FOR AT LEAST 2-4 DAYS
ALCOHOL (TOPICAL OR ORAL)
CAFFEINE. SMOKING. HEAVY WORKOUTS
SWIMMING POOLS OR HOT TUBS
HARSH OR FRAGRANCED SKINCARE PRODUCTS

14-30

ADD IN VITAMIN C SERUM DAY &
NIGHT. THIS HELPS BRING THE
DISCOLORATION BACK TO BALANCE

SPF

IT IS VERY CRUCIAL : USE SPF DAILY
WITH BROAD-SPECTRUM 50
REAPPLY EVERY 2 HOURS

FIX TIPS

#1 BREAKING OUT

IF YOU ARE EXPERIENCING LOADS OF BREAKOUTS.... USE YOUR ACTIVE CLEANSER IN THE EVENING TO FIX THOSE INFLAMMATION AREAS. ROTATE ICE ON BLEMISHES ADD BLEMISH TREATMENT ON TOP OF THE BLEMISH AREAS AFTER YOUR FINAL STEP.

#2 DRYNESS

WHEN DEHYDRATED BE SURE TO EXFOLIATE THE SKIN LIGHTLY AND LOAD UP ON HYDRATION. LOOK LIKE YOU GOT IN A FIGHT WITH THE MOISTURIZER AND THE MOISTURE WON!

#3 HYPERPIGMENTATION

USE HYDRATION AND COLD THERAPY TO HELP HEAL THE SKIN WHICH IN TURN WILL HELP LIGHTEN. ONCE AFTERCARE IS OVER: USE PROPLEX BRIGHTENING SERUM FOR SMALL AMOUNT OR COJIC FOR MORE INTENSE DARK AREAS

ONLY USE COJIC BLEACHING SERUM 3 NIGHTS A WEEK SPREAD OUT: EXAMPLE MON, WED, FRIDAY